

ADC RUN SHEET



Date

Weather

Associate

Observer

In the run column mark

Competence levels: 1 = Commended 2 = Satisfactory 3 = Requires development

	Name	Competence	Observer comments run no.
Preparation	Pre-drive checks		
	Fitness/Eyesight check		
	Controls		
	Rolling brake test		
	Knowledge – IPSGA		
Information	Observation – scanning		
	Use of mirrors and rear observation		
	Take, Use, Give (TUG)		
	Road signs and markings		
	Anticipation		
Position	Hazard identification		
	Bends		
	Junctions and roundabouts		
	Motorways		
	Overtaking		
	Hazard management		
Speed	Vulnerable road users		
	Speed limits		
	Acceleration sense		
	Limit point		
Gears	Braking technique		
	Clutch and changing gear		
	Choice of gear		
	Timing of changes		

	Name	Competence	Observer comments run no.
Acceleration	Smoothness		
	Anticipation and planning		
	Hazard awareness		
	Progress and restraint		
	Steering		
Other skills	Slow manoeuvring		
	Knowledge H/Code & course material		
	Courtesy to other road users		
	Vehicle sympathy		
	Spoken thoughts		

Observer comments

Development plan
